

WASHINGTON REDSKINS MIDGET FOOTBALL

Welcome to the 2018 Washington Redskins Midget Football and Cheerleading season. The Washington Redskins Association is a self-funded not-for-profit organization. *We receive no monetary contributions from the town of Washington Borough or any of the other sending municipalities.* Therefore, we must Raise All Funds necessary to run the organization. We require the parents, players, cheerleaders, and members of the organization to assist in raising funds. The Redskins organization has been in existence since 1960 because of dedicated volunteers and parents that have worked very hard to keep this organization running for the children. Our cost per participant is now approximately \$375.00 for football and \$175.00 for cheerleading.

Washington Redskins Association Responsibility: (Football and Cheerleading)

1. Purchases and/or refurbish equipment as needed.
2. Football helmet certification and stress testing each year. This is required by the league.
3. Provide supplemental insurance for each participant in our association.
4. Arrange for and Rent fields for games and practice.
5. Provide game uniforms for all participants.
6. Purchase practice equipment as required.
7. Provide a Scholarship program for eligible High School seniors that have participated at the Bidly and Varsity levels a combination of three years or more. Both football and cheerleading participants are eligible. The scholarship program is funded through our Scholarship Fundraisers held by the Association.

PLAYER RESPONSIBILITY

1. Maintain and care for ALL equipment issued during the season & return equipment at a time specified by your coach.
2. Purchase mouth piece, cleats, athletic support and hard cup (mandatory)
3. Other equipment as needed
4. Abide to the rules of the Redskins Organization

FUNDRAISERS:

Each year the Redskins Organization requires all players to participate in a fundraiser to help off-set the costs incurred by the Organization. Registration fees alone do not cover our expenses to run the program. Therefore, we have to run a fundraiser. In an effort to make selling more appealing we will be offering prizes for top sellers like we did last year. Those prizes will be explained in Fundraiser Flyer.

Fundraisers will be distributed at equipment handouts.

PARENTS, YOUR HELP IS REQUIRED

We can't do it alone. We always need help with Chains and Markers. Donations of cupcakes, snacks, paper products, condiments, etc are always needed. We also ask with help providing rides to and from away games for those participants that need a ride.

www.wash-redskins.com

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PHYSICALS

Players must obtain their own physical. Attached you will find a medical release form approved by the league. Please have a doctor sign and return to your child's head coach by the first day of practice.

ALL FOOTBALL PLAYERS MUST HAVE A PHYSICAL BEFORE THEY CAN PARTICIPATE

EQUIPMENT HAND OUTS

Equipment handouts for players will be at the Washington Redskins Clubhouse behind the Washington Squad Building.

Tentative Dates

VARSITY SQUAD:	August 3rd from 6:00 - 7:30 PM
BIDDY SQUAD	August 4th from 10:00 - 11:00 AM
PEE WEE SQUAD	August 4th from 11:00 AM – Noon

Flag players will receive their uniforms before the season starts

The above dates are subject to change

PRACTICE

The Redskins will again run a Pre-Season volunteer clinic the last week in July
The first official day of practice is tentatively scheduled for, Monday, August 7, 2018
Your coach will contact you as to the exact day and time of the 1st practice
All practices are held at the Warren Hills Middle School.

Every year the Redskins host a pre-season Pee Wee Tournament.
This year it will be on Saturday, August 25th

The above dates are subject to change

AWARDS AND TROPHY'S

An awards ceremony is held at the conclusion of every season.
Trophies are awarded to all players as they leave the Varsity Program.

The association presents two awards for Varsity and one for JV annually. These are not the typical MVP or Outstanding player awards. These awards are presented to players that excel in Sportsmanship, Leadership, Dedication and Citizenship. We take pride in keeping the children involved and off the streets. We know that coaching football skills is just one of our responsibilities. Our main responsibility is to act as role models for these boys and girls as they become young men and women.

ALL participants will receive a medal each year.

The Redskins contribute towards Special Gifts for Teams (players & cheerleaders) when they win their division title or league title or post an undefeated season.

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Equipment

Due to the increased cost of equipment, we have found it necessary to instill some guidelines for the use and replacement of our equipment. We hope this will enable us all to enjoy the upcoming season.

Game pants and game jerseys are to be worn only for game day, unless your Coach tells you otherwise. **NO EXCEPTIONS.** Coming to practice in game uniform will result in your child not being able to participate in that practice session. At no time is a parent or sibling to wear these uniforms.

Helmets are for your protection. They are not to be sat on, kicked, thrown, dropped, or misused in any way. Our helmets go out every year to be reconditioned and tested for safety and if they are damaged they will have to be replaced, which is costly.

At this time we would like to inform you of the cost of the equipment your child is wearing and what the replacement cost will be should you misuse and break a piece, lose or not return a piece of equipment.

The Redskins will provide the following:

Helmet	\$175.00	Girdle & Pads	\$35.00
Game Pants	\$45.00	Rib Pads (if req.)	\$35.00
Game Jerseys (2)	\$125.00	Knee Pads (2)	\$10.00
Practice Jersey	\$25.00	Thigh Pads (2)	\$10.00
Practice Pants	\$25.00	Shoulder Pads	\$85.00
		Total Uniform Cost:	\$570.00

Flag Uniform replacement cost: \$75.00

Should you choose not to return a piece of equipment, you will receive a bill and not be able to register for another season until that bill is paid in full. You will need to supply the following items yourself: Mouth piece, spikes, a hard athletic support cup and any arm protection. A mouth piece, cup and spikes are mandatory starting the first night of practice.

Thank you for your continued support.

NEVER USE BLEACH ON ANY UNIFORMS

Please retain this document for your record

www.wash-redskins.com

WASHINGTON REDSKINS MIDGET FOOTBALL

MEDICAL INFORMATION FORM

NAME: _____ AGE: _____

ADDRESS: _____ DOB: _____

_____ HEIGHT: _____

PHONE: _____ WEIGHT: _____

SQUAD (circle one): Varsity Jr Varsity Pee Wee Flag

In case the event of an emergency takes place, the following information is needed to properly treat your child should the need arise.

DOCTOR'S NAME: _____ PHONE: _____

DENTIST'S NAME: _____ PHONE: _____

HOSPITAL PREFERENCE: _____

ALLERGIES (if known): _____

MEDICATIONS: _____

INJURIES (if imparable): _____

EMERGENCY PHONE NUMBERS: _____

Parents signature

Date

(Return this page by the first day of Practice)

WARREN COUNTY MIDGET FOOTBALL LEAGUE, INC.
(PLAYERS MUST OBTAIN THEIR OWN PHYSICAL)

NAME: _____ DOB: _____ AGE: _____ HT: _____ WT: _____

ADDRESS: _____

PHONE:

Home: _____ Work: _____ Cell: _____

TEAM: **WASHINGTON REDSKINS**

MEDICAL APPROVAL TO PLAY

I, being a medical examiner of the above named applicant to determine his/her fitness to play midget football with the Washington Redskins team in the Warren County Midget Football League, Inc., do hereby state that in my opinion, having made a thorough examination of said applicant *is* physically fit to play midget football in said league.

Signature of Medical Examiner

Date

Warren County Midget Football League 2018 Football Season
Washington Redskins

Player Name _____

Date of Birth _____ Age _____ Phone _____

Address _____

Parents' Names _____

Contact Phone Numbers _____

Email _____

Check the Team the Player listed above played on last season (2017)

- | | | |
|--|--|---|
| <input type="checkbox"/> Belvidere | <input type="checkbox"/> Mansfield | <input type="checkbox"/> Riegel Ridge |
| <input type="checkbox"/> Flemington | <input type="checkbox"/> North Warren | <input type="checkbox"/> Steel Hill |
| <input type="checkbox"/> Lambertville | <input type="checkbox"/> New Hope S. | <input type="checkbox"/> Washington Boro |
| <input type="checkbox"/> Lopatcong | <input type="checkbox"/> Pohatcong | <input type="checkbox"/> Washington Twsp |

NONE OF THE ABOVE

I have the authority and grant permission for my child, the above listed Player, to participate on the Washington Redskins Football team for the 2018 Season. I understand that a signed document dated within the 2018 calendar year indicating my child is medically cleared to participate in football is required.

Parent / Guardian Name

Parent / Guardian Signature

(Return this page day of registration)

WARREN COUNTY MIDGET FOOTBALL LEAGUE ADULT CODE OF CONDUCT

As the parent or legal guardian of a child participating in the Warren County Midget Football League, I agree to abide by the following policies:

1. I will maintain a positive, cooperative, and respectful attitude, both in words and in actions, toward all individuals involved in youth sports events, and I will require all youths and adults with me at WCMFL events to do so as well.
2. I will encourage good sportsmanship by demonstrating positive support for all players, coaches, officials and volunteers at every game, practice, or other youth sports event. Unsportsmanlike conduct includes, but is not limited to: fighting, booing, taunting, refusing to shake hands, or using profane language or gestures;
3. I understand that the purpose of the Warren County Midget Football League is to provide an enjoyable learning environment and the emotional and physical health of my child and all other participants will be the most important issue.
4. I acknowledge that the use of alcohol and illegal drugs will not be tolerated at Warren County Midget Football League games, scrimmages and practices. I will refrain from their use before and during such events and I will abide by the smoke-free policies of the locations where such events take place. I will require all youths and adults with me at such events to do so as well.
5. I will encourage my child/children to play by the rules and to resolve conflicts without resorting to hostility of violence.
6. I will encourage my child/children to treat other players, coaches, officials, and spectators with respect, regardless of race, creed, color, sex or ability.
7. I will never ridicule or yell at my/our child/children, or any participants at a sporting event, for making mistakes or losing a competition.
8. I will respect the officials and their authority during games and will never confront, challenge, or argue with coaches or officials at the game field, and will take the time to speak with coaches at an agreed time and place.
9. I will remain in the spectator's area during competition.
10. I will refrain from coaching my child/children or other players during games and practices, unless I am one of the official coaches of the team.
11. Participation in the WCMFL for the 2018 season requires that all organizations agree to abide by the WCMFL By-Laws and decisions of the WCMFL Board, the Referees and Officials, and enforce such decisions within the organization. Participation in the WCMFL is voluntary, and upon application for a franchise in the WCMFL for 2018, all organizations agree to relinquish legal recourse and hold harmless the WCMFL Board Members, Member Organizations, Referees and Officials for interpretation and enforcement of the WCMFL By-Laws, as well as the decisions of the Board, Member Organizations, Referees, and Officials. Further, Member Organizations and those affiliated with Member Organizations agree that they will not in any way hold the WCMFL Board, Referees, Officials, or Coaches liable for any injuries or losses suffered while competing in or traveling to or from any WCMFL sanctioned event or function. Member organizations agree that initiation or threat of legal action against the WCMFL, the WCMFL Board, Member Organizations, Referees or Officials by or on behalf of a member organization, team, coach, parent or player, will result in immediate suspension of that organization from the WCMFL. The suspended organization will be prohibited from participating in any WCMFL sanctioned activities including games, practices, scrimmages, meetings and the All Star Game. Suspended organizations will be deemed to have forfeited any games missed due to this suspension and will be responsible for the entire amount of the referee's fees for forfeited games. I also agree that if I/we fail to abide by the aforementioned rules and guidelines, my child/children and I/we will be subject to disciplinary action by the Executive Board and that could include, but is not limited to, the following:

I also agree that if I/we fail to abide by the aforementioned rules and guidelines, my child/children and I/we will be subject to disciplinary action by the Executive Board and that could include, but is not limited to, the following:

- Verbal warning by official, head coach, and/or representative of the league;
- Parental and/or player game suspension with written documentation of incident kept on file by the Recreation Committee and the WCMFL;
- Game forfeit through the Official or Coach;
- Parental and/or player season suspension with NO REFUND or registration fees.

Parent's Printed Name

Parent's Signature

Date

(Return this page day of registration)

Players Name: _____

Squad: _____

WASHINGTON REDSKINS MIDGET FOOTBALL

2018 Season

PARENT'S APPROVAL TO PLAY

We, the undersigned, being the parent or guardian of the above named applicant, do hereby grant our permission for said applicant to play with the Washington Redskins Midget Football Team in the Warren County Football League, Inc. I assume all risks and hazards incidental to such participation. I understand protective equipment will not prevent all injuries while participating in football. I hereby waive, release and absolve the Association, sponsors, managers, coaches, supervisors, co-coordinators, referees, examiner, officers, other participants and persons from any claim arising from injury to my child whether the result of negligence or for any other cause. I agree to abide by the Washington Redskins "Parents Code of Ethics". I agree to abide by all rules as set by the Warren County Midget Football League, Inc and Washington Redskins Midget Football Association. I agree to return uniforms and equipment issued to my child in good condition as when received except for normal wear and tear. I understand I will be charged a fee for any equipment or uniforms not returned as well as any damaged equipment and uniforms returned.

I AGREE TO SUPPORT AND PARTICIPATE IN THE WORKINGS OF THE ORGANIZATION

WARNING: NO HELMET CAN PREVENT SERIOUS HEAD OR NECK INJURIES A PLAYER MIGHT RECEIVE WHILE PARTICIPATING IN FOOTBALL. Do not use this helmet to butt, ram or spear an opposing player. This is in violation of the football rules and such use can result in severe head or neck injuries, paralysis or death to you and possible injury to your opponent. Contact in football may result in CONCUSSION-BRAIN INJURY which no helmet can prevent. Symptoms include: loss of consciousness or memory, dizziness, headache, nausea or confusion. If you have symptoms, immediately stop playing and report them to your coach, trainer and parents. Do not return to a game or practice until all symptoms are gone and you have received medical clearance. Ignoring this warning may lead to another and more serious or fatal brain injury.
(Not applicable for Flag Players)

****What are You willing to do to help Your Washington Redskins****

- Be a Team Parent (Photo Collections, Liaison between coach and parents, etc..)
- Setup crew for snack stand
- Breakdown crew for snack stand
- Fundraising Coordinator
- Field Chain crew
- Coach Football/Cheer

Parent/Guardian Signature _____

DATE: _____

Return this page day of registration)